**Pre Operative Surgical Guidelines**

**Note:**

* Below guidelines may vary depending on patient age, past or current medical history, facility and anesthesia guidelines.

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| **TO DO LIST PRIOR TO SURGERY** | |
|  | Patient must obtain pre and post operative appointment prior to surgery. To book appointments; please call our office at (**209)-464-3627 EXT**. **107.**   * **(PRE-OP VISIT WILL ONLY BE SCHEDULED IF NEEDED).** * Office Hours:   Monday-Friday: 9:00am-4:30pm |
|  | Patient must contact their **Primary Care Provider OR Cardiologist (if any)** to obtain “Medical Clearance Release” within 30 days prior to surgery. Medical Clearance must include:   * EKG (within 6 months old is okay) * H&P “stating that patient is cleared for surgery” (within 30 days prior to surgery date).   **(not applicable to all patients)** |
|  | Patient must have Lab work done at instructed/specified location prior to surgery:   * CMP * CBC * URINE ANALYSIS * PT **(not applicable to all patients)** * PTT **(not applicable to all patients)**   **NOTE:**   * **If you are having surgery at ADVENTIST DAMERON HOSPITAL:** * You may contact Pre-admitting department at ***209-242-7092*** if you have any question regarding facility guidelines and billing charges. * Lab work orders will be provided by our office through written order or by mail. * Per facility and anesthesia Guidelines, SJSC requires patient to have Lab-work done within **30 days** to surgery. * **If you are having surgery at LODI MEMORIAL HOSPITAL:** * You may contact Pre-admitting department at ***209-339-7502*** if you have any question regarding facility guidelines and billing charges. * Lab work orders will be mailed or provided on the day of your pre-operative appointment at GOLDEN STATE UROLOGY office. * Lab work must be obtained only at LODI MEMORIAL HOSPITAL (locations will be provided by our office). * Per facility and anesthesia Guidelines, LMH requires patients to have their Lab-work done *within 2-3 weeks prior to surgery*. * **If you are having surgery at METHODIST HOSPITAL/METHODIST SURGERY CENTER** * You may contact Pre-admitting department at ***916-423-6142 (HOSPITAL); 916-667-0807 (SURGERY CENTER)*** if you have any question regarding facility guidelines and billing charges. * Lab work orders will be mailed or provided on the day of your pre-operative appointment at GOLDEN STATE UROLOGY office. * Lab work must be obtained only at METHODIST HOSPITAL (locations will be provided by our office). * Per facility and anesthesia Guidelines, MOR/MSC requires patients to have their Lab-work done *within 2 days exact prior to surgery*.   All patients must call pre-admitting nurse department 2 weeks before surgery to discuss pre-operative preparation and requirements. |
|  | Prescription for pain medication will be provided on the day of surgery. Please refill prescription ASAP *(will expire within 30 days of provided date)*. |
|  | All surgical requirements must be obtain at least 2 weeks prior to surgery. Please fax applied requirements to: **(209)-464-3630**. |
|  | If you have any question or needing assistance regarding your surgery, please feel free to contact our Surgery Scheduler at **(209)-464-3627 ext. 107**. |